

# Wellness Massage Cruise



## OVERVIEW OF HOLIDAY

If you're looking for a holiday where you can be pampered, relax and have good conversation in a beautiful part of the world, then look no further than this special Wellness Gulet cruise, which is available for Women Only.

A qualified Massage Therapist joins us onboard to give the ultimate week of indulgence. You'll be wonderfully spoilt with 5 massage treatments such as a Full Body Massage, Back and Neck Massage, Head/Face Massage, Pedicure and Lower Leg Massage and Manicure with Hand/Lower Arm Massage. The Massage Therapist is also a qualified Beautician and has a programme of beauty treatments for you to enjoy for an extra charge.

Treatments will generally take place on a massage bed on deck, so you can lie back, relax and listen to the sound of waves gently lapping the side of the boat as all the stresses and strains of daily life dissolve away.

In between cruising, the boat will be moored in small coves and bays so you can enjoy swimming, snorkelling or just floating in the warm, clear turquoise Aegean sea. Or just spend time relaxing with a good book and interesting conversation.

Included in your holiday is a visit to the Hamam where you can enjoy the full experience of a Turkish Bath, complete with Steam Room, full body wash, scrub and oil massage.

## ACCOMMODATION ONBOARD EAST MEETS WEST

All cabins onboard East Meets West have an ensuite private bathroom, complete with full-size shower cubicle, home style toilet, black marble handbasins, hairdryer and power point. The generator is available every evening for charging mobile phones, cameras etc.

In each cabin you will find a small wardrobe, underbed storage, bedside light and window. Cabins are smaller than you'll find in a hotel but larger than a sailing yacht.

With plenty of sunbeds on the fore and aft decks choose how to relax; sunbathing, reading, chatting or maybe even sleeping here under the stars. Meals are taken on the aft deck with a different view for every meal.

Choose whether share a twin cabin with a friend or maybe you prefer to have a cabin to yourself.



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## PRIVATE CHARTER

If you want to invite a group of girlfriends for a week of pampering maybe for a big birthday or for a pre-wedding trip then you can book the boat just for your group. Let me know how many people there are likely to be in your group and I will advise you of our available dates and prices.

## CABIN CHARTER

If you just want to book a cabin or two then you can join us in 2012:

**Date:** Monday 9 July 2012 for 7 nights/8 days

**Price:** £495 per person,  
based upon two people booking a twin cabin at the same time

**Price:** £525 per person,  
based upon one person booking a twin cabin to share with someone they don't know

**Price:** £595 per person, based upon single occupancy

- Maximum of 4 Single Occupancy Cabins available.
- Departure Guaranteed no later than three months before start of holiday.



## WHAT'S INCLUDED

**Full Board:** Cooked fresh every day by our onboard chef: Turkish Breakfast, cooked lunch, afternoon tea and biscuits, cooked dinner. Starting with Dinner on Day 1, ending with Breakfast on Day 8

**Massage:** Therapist oils and massages as outlined in itinerary. Tips excluded. Recommend £15 per person for the week.

**Hamam:** Visit to Turkish Bath on arrival

**Crew:** Food and salaries included. Tips extra. Recommend £25 per person for the week.

**Linen/Towels:** please bring a beach towel

**Diesel:** for 3–4 hours cruising per day

**Transfers:** Group Transfer **included** for those arriving around 4pm. Time to be confirmed. Transfers at all other times can be arranged.

**FLIGHTS EXCLUDED** Please book your own flight to/from Dalaman Airport.

## COMBINE THIS TRIP

**Gulet Cruise:** Join the gulet for one or two weeks prior to your massage cruise following a different route.

**Istanbul:** stay for one or two nights before or after your gulet cruise. Visit the Hippodrome, Hagia Sophia, the Blue Mosque, roman cisterns and more on our escorted half or full day trip. Hotel and transfers included.

**Cappadocia:** take a hot air balloon to fully appreciate how ancient civilisations lived in this magical landscape. Stay for one or several nights in a Cave Hotel.

